



APS Women's Leadership Forum for ELs

## Lead with impact



14 and 15 February 2018 | 25 Forster Crescent, Yarralumla

Executive coaching recall days 28 and 29 March 2018

Book online: <https://goo.gl/uutUv8>

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Conversational  
**INTELLIGENCE**<sup>®</sup> | Enhanced Skills  
for Coaches Practitioner

“I also expect to see more leadership on gender equality in the Public Service. While the number of women at all levels from APS 1 to EL 1 has now reached parity with or succeeded men, women still fall behind from EL 2 and into senior leadership.”

— The Prime Minister, The Hon. Malcolm Turnbull.

## Why you should attend

The **business** case for both gender equity and equality in the APS is clear and so are the tools, skills and abilities that women need to access and enjoy the same rewards as their male counterparts:

- a strong network of supporters, advocates and sponsors
- collaborative leadership styles and behaviours that are informed but not constrained by authenticity
- capacity for innovation and a growth mindset
- resilience and robustness
- strategies and skills for career advancement
- a plan to set your career on a strategic leadership track.

This workshop will provide you with an opportunity to develop all of this.

If you're wondering if this is the right course for you, or if you're right for the course, consider this: **“If not you, who? If not now, when?”**

## Workshop timing

9am start / 10:30am morning tea / 12:30pm lunch / 2:30pm afternoon tea / 4:30pm close. Networking session 4:45pm Day 1.

## Investment

Standard rate:	\$1,995 (GST exclusive)
Super keen rate*:	\$1,695 (GST exclusive)
Early bird rate**:	\$1,845 (GST exclusive)

20% group discounts are available for groups of three or more: contact Kim for details.

\*Register and pay by 22 November 2017 to receive \$300 off the standard rate

\*\*Register and pay by 20 December 2017 to receive \$150 off the standard rate

## Introducing your facilitator

Dr Kim Vella, Founder of Kim Vella Coaching



A highly qualified and experienced leader, coach and mentor, Kim brings first-hand insight into what it takes to make deliberate choices to achieve key career goals. Kim brings over two decades experience leading people, including at the SES Band 1 level, and in governance roles across the Australian Public Service and at the Australian National University. Kim listens to and supports you in developing and refining your leadership capabilities to align with your core values. It works because she uses an effective strengths-based coaching methodology and a collaborative mindset when delivering workshops.

## Day one

### Shifting focus from technical expert to leader

- Learn how to shift your focus and develop new skills and ways of thinking
- Work out which areas to focus on and how to set your agenda
- Identify strategic and practical steps critical to your successful transition.

### Avoiding decision making traps and mental biases

- Explore how mental distortions and biases sabotage your reasoning
- Learn to monitor your decision making and your team members' decision making
- Learn how to uncover errors in thinking before they become errors in judgment.

### Harnessing authenticity to guide you forward

- Explore how people find themselves fenced in by an overly rigid self-concept
- Learn how to develop a more playful frame of mind
- Learn how to experiment with new styles of interacting and ways of getting things done
- Identify what works for different challenges and circumstances.

### Your DISC Profile®

- Understand your behavioural style
- Learn how to improve your own productivity and interpersonal interactions
- Identify effective learning and adaptive strategies that will get you immediate results.

## Day two

### Coaching others for innovation and high performance

- Understand the International Coach Federation's core coaching competencies
- Learn active listening techniques and how to avoid pre-conceived judgments
- Learn how to ask powerful questions that bring clarity, action, and discovery.

### Sustaining your innovation and performance without sacrificing your health and wellbeing

- Understand the link between resilience and individual innovation
- Learn how focusing on your health and wellbeing can accelerate innovation
- Learn what practices will create lasting improvements to your health and wellbeing and what ones will undermine them.

### Setting your agenda and make time for innovation

- Learn how to think deliberately about what you do with your time at work
- Boost your productivity without redesign, reengineering or restructuring
- Learn how to make changes on a personal level so you are more effective.

### Creating an action plan

- Develop an action plan to put the strategies, tools and insights you gain during the workshop into practice
- Set your career on a strategic leadership track
- Commit to specific active steps for achieving lasting results.

## Program highlights

Complete a DISC Profile® Assessment to help you identify how to improve performance

Attend an exclusive networking event at the end of the first day of the workshop

Access a one-on-one executive coaching session after the workshop to support your ongoing engagement in learning