



# Lead with impact

Learn leadership essentials for new managers



Contact us today to enquire about dates or in-house delivery.

Contact [kv@kimvella.com.au](mailto:kv@kimvella.com.au) | 0422 749 649

 [kimvella](#)  [kimvellacoaching](#)



# Individuals play the game, but teams beat the odds.

— US Navy SEAL

## Why attend—benefits

Today we're working in complex environments that move quickly. Environments where change is constant. Environments that require you to be on top of your game. This means you need new skills and agile approaches. You need core management skills. You need a broad strategic perspective.

This two-day workshop is designed to get you there. You'll learn tips and techniques to take you to the next level. You'll walk away with an action plan, and confidence.

So what will this workshop do for you?

1. **Prepare you to grow beyond your current responsibilities.**
2. **Teach you how to lead and succeed in complex roles.**
3. **Help you develop awareness of your leadership style.**
4. **Get you ready for your next career move.**

**Will this course make you a better leader?**

**Yes! It's 100% guaranteed to give you the skills to do so.**

## Workshop timing

9am to 4.30pm

## Investment in your career

**Early bird special** (Save \$200) **\$1,795 +GST**

**Standard rate** **\$1,995 +GST**

Included: Course materials, complimentary *How to write a winning resume*, networking

15% discounts available for groups of three or more.

## Meet Dr Kim Vella

Founder of Kim Vella Coaching



Kim is a highly qualified and experienced accredited career coach. She's down-to-earth and facilitates workshops in a positive way. Kim has first-hand insight into what's needed to achieve career goals. She also 'gets leadership', having worked at SES Band 1 Level and in governance roles for the public sector and at the Australian National University. Kim will support you in developing and refining your leadership skills using effective strengths-based coaching and collaboration.

## Day one

### Management skills you won't learn by osmosis

- master your core management skills
- identify your strengths and gaps
- discuss management challenges and strategies

### Emotional intelligence fundamentals

- improve your emotional intelligence skills
- identify how to enhance your impact and influence
- learn to improve staff performance/supervisor relationships

### Listen and connect

- learn to not judge or reject
- develop listening skills so you focus on others, not yourself
- unlearn bad listening habits

### Links between performance, health, wellbeing

- understand resilience and how to strengthen yours
- recognise and reduce the effects of stress
- learn to adopt an optimistic mindset and deal with setbacks

## Day two

### Next level focus, next level values

- shift your focus with new skills and ways of thinking
- work out what to focus on and how to set your agenda
- identify strategic and practical steps for your advancement

### Time for work that matters

- learn to manage your work time to focus on what matters
- boost your productivity without redesign or restructure
- learn to make personal changes and be more effective

### Decision making traps and mental biases

- explore how mental biases sabotage your reasoning
- learn to monitor your decision making and that of your team
- uncover errors in thinking so they don't become errors in judgment

### Create an action plan

- develop an action plan that puts what you've learned into practice
- set your career on a strategic leadership track
- commit to active steps that will achieve lasting results

## Other workshop bonuses

Gain unlimited support, guidance and advice to develop your own personalised strategic leadership action plan.

Enhance your personal and strategic network with like-minded peers from across the public service.

Receive a complimentary copy of Kim's *How to write a winning resume*.