

# Kim Vella

COACHING

## Lead with impact

Learn strategic leadership skills



Contact us today to enquire about dates or in-house delivery.

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Management is doing things right. Leadership is doing the right things.

— Peter Drucker

## Why attend—benefits

Today we are working in an environment that—more than ever—expects executives to have vision. Executives who are innovative, collaborative, entrepreneurial and effective. Executives who demonstrate courage, resilience and integrity. This means you need to be at the top of your game. This intensive two-day workshop is designed to get you there.

So what will this workshop do for you?

1. **Explore collaborative leadership styles and behaviours.**
2. **Develop a growth mindset and capacity for innovation.**
3. **Strengthen your resilience and integrity.**
4. **Create a plan to steer your career on a strategic leadership track.**

*Will this course make you a better leader?*

**Yes! It's 100% guaranteed to give you the skills to do so.**

## Workshop timing

9am to 4.30pm | Networking session 4.45pm (Day 1)

## Investment in your career

**Early bird special** (Save \$200) **\$1,995 +GST**

**Standard rate** **\$2,195 +GST**

Included: Course materials, complimentary guide *How to write a winning resume*, networking

15% discounts available for groups of three or more.

## Meet Dr Kim Vella

Founder of Kim Vella Coaching



Kim is a highly qualified and experienced accredited career coach. She's down-to-earth and facilitates workshops in a positive way. Kim has first-hand insight into what's needed to achieve career goals. She also 'gets leadership', having worked at SES Band 1 Level and in governance roles for the public sector and at the Australian National University. Kim will support you in developing and refining your leadership skills using effective strengths-based coaching and collaboration.

## Day one

### Strategic performance for innovation

- shift your focus with new skills and ways of thinking
- work out what to focus on and how to set your agenda
- identify strategic and practical steps for your advancement

### Operating with integrity

- explore how mental biases sabotage your reasoning
- learn to monitor your decision making and that of your team
- uncover errors in thinking so they don't become errors in judgment

### DISC Profile®

- get to know your behavioural style
- boost your productivity and interpersonal interactions
- develop learning and adaptive strategies for immediate results

### Emotional intelligence for collaboration

- learn how others get fenced in by rigid self-concepts
- learn new styles of interacting and achieving
- identify what's effective in different challenges and circumstances

## Day two

### Performance coaching

- understand core coaching competencies (International Coach Federation)
- learn to be an active listener and avoid pre-conceived judgments
- learn to ask powerful questions for clarity, action, discovery

### Resilience and performance

- understand the link between resilience and individual innovation
- learn to accelerate innovation by focusing on your health and wellbeing
- learn to create lasting improvements to your health and wellbeing

### Prioritise what matters

- learn to manage your work time to focus on what matters
- boost your productivity without redesign or restructure
- learn to make personal changes and be more effective

### Create an action plan

- develop an action plan that puts what you've learned into practice
- set your career on a strategic leadership track
- commit to active steps that will achieve lasting results

## Other workshop bonuses

Complete a DISC Profile® Assessment to identify how to improve performance.

Attend an exclusive networking event—make new contacts with like-minded professionals.

Benefit from a free one-on-one executive career coaching session post workshop to support your ongoing engagement in learning.