

Kim Vella

COACHING

Lead with impact

Become an amazing woman leader



Contact us today to enquire about dates or in-house delivery.

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CERTIFIED IN
CONVERSATIONAL
INTELLIGENCE®

Leaders should strive for authenticity over perfection.

— Sheryl Sandberg, COO, Facebook

Why attend—benefits

If you're a woman working in senior or executive roles, you've faced gender equality issues. You've no doubt thought long and hard about how to break through equity barriers and enjoy the same rewards as your male counterparts. To succeed, you must be armed with the right leadership skills, abilities and tools.

This two-day workshop is designed to support you to break through. You'll learn tips and techniques to take you to the next level. You'll walk away with an action plan, and confidence.

So what will this workshop do for you?

1. **Build capacity for innovation and a growth mindset.**
2. **Develop collaborative leadership behaviours that are informed and authentic.**
3. **Strengthen your resilience and integrity.**
4. **Create a plan to steer your career on a strategic leadership track.**

Will this course make you a better leader?

Yes! It's 100% guaranteed to give you the skills to do so.

Workshop timing

9am to 4.30pm

Investment in your career

Early bird special (Save \$200) **\$1,995 +GST**

Standard rate **\$2,195 +GST**

Included: Course materials, complimentary guide *How to write a winning resume*, networking

15% discounts available for groups of three or more.

Meet Dr Kim Vella

Founder of Kim Vella Coaching



Kim is a highly qualified and experienced accredited career coach. She's down-to-earth and facilitates workshops in a positive way. Kim has first-hand insight into what's needed to achieve career goals. She also 'gets leadership', having worked at SES Band 1 Level and in governance roles for the public sector and at the Australian National University. Kim will support you in developing and refining your leadership skills using effective strengths-based coaching and collaboration.

Day one

Shift from technical expert to leader

- shift your focus with new skills and ways of thinking
- work out what to focus on and how to set your agenda
- identify strategic and practical steps for your advancement

Decision making traps and mental biases

- explore how mental biases sabotage your reasoning
- learn to monitor your decision making and that of your team
- uncover errors in thinking so they don't become errors in judgment

Harness authenticity to guide you

- learn how others get fenced in by rigid self-concepts
- learn new styles of interacting and achieving
- identify what's effective in different challenges and circumstances

DISC Profile®

- get to know your behavioural style
- boost your productivity and interpersonal interactions
- develop learning and adaptive strategies for immediate results

Day two

Performance coaching

- understand core coaching competencies (International Coach Federation)
- learn to be an active listener and avoid pre-conceived judgments
- learn to ask powerful questions for clarity, action, discovery

Sustain your performance without sacrificing health and wellbeing

- understand the link between resilience and individual innovation
- accelerate innovation by focusing on your health and wellbeing
- learn to create lasting improvements to your health and wellbeing

Set your agenda to make time for innovation

- learn to manage your work time to focus on what matters
- boost your productivity without redesign or restructure
- learn to make personal changes and be more effective

Create an action plan

- develop an action plan that puts what you've learned into practice
- set your career on a strategic leadership track
- commit to active steps that will achieve lasting results

Other workshop bonuses

Complete a DISC Profile® Assessment to identify how to improve performance.

Attend an exclusive networking event—make new contacts with like-minded professionals.

Benefit from a free one-on-one executive career coaching session post workshop to support your ongoing engagement in learning.