



# Coaching in the Workplace



THIS COURSE IS FOR YOU IF YOU WANT TO:

- Create harmony in your team
  - Empower team members to succeed
  - Apply a coaching mindset to team relationships
  - Develop a sense of unity and shared purpose
  - Understand how to seek and use feedback
  - Achieve better business outcomes
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## ABOUT THE COURSE

Do you genuinely want to know how to help your team succeed? Do you want to give them the tools to thrive at work, and help others thrive? The Coaching in the Workplace workshop is about creating an environment that elevates individual and team performance by integrating coaching approaches and principles into the way you do things.

This workshop empowers you with coaching skills and a coaching mindset which you can apply in the workplace. The coaching skills align with the International Coaching Federation (ICF) core competencies.

For in house teams of workplace coaches, Kim Vella Coaching also delivers an ICF accredited Continuing Coach Education coach skills training program which can be used towards gaining or renewing an ICF credential.

### WHAT WE COVER

1. Coaching foundations and ethical practice
2. Embodying a coaching mindset
3. Communicating effectively
4. Cultivating learning and growth
5. Action planning

### WHAT YOU GET

- ✓ Learn how a coaching mindset enhances productivity
- ✓ Acquire proven coaching skills to apply at work
- ✓ Discover the power of coaching to uplift others
- ✓ Develop the skills to use feedback effectively
- ✓ Understand the neuroscience of trust
- ✓ Create a personal action plan

Before the course starts you will need to complete a short one page assignment and collect feedback from your supervisor, one direct report, and one peer on:

- 3 things they believe you should keep doing
- 2 things they believe you should start doing
- 1 thing they believe you should stop doing.

### HOW THE COURSE IS DELIVERED

This one-day course is delivered at your office face to face, or online via Zoom over 5 X 1 hour sessions. It is capped at 12 participants to ensure everyone gets the very best, personalised guidance. It includes:

- direct instruction
- group discussion
- coaching practice
- mentor coaching
- reflective journaling and action planning

### COST

Workshop per person: \$1,500 plus GST

- 6 delegates 10% discount
- 7-8 delegates 15% discount
- 9-10 delegates 20% discount
- 11-12 delegates 25% discount

[BOOK NOW](#)

### ASK KIM A QUESTION

To find out more, contact Kim on (02) 6198 3223 or email [kv@kimvella.com.au](mailto:kv@kimvella.com.au).